



Wise Traditions 2018

NINETEENTH ANNUAL INTERNATIONAL CONFERENCE OF THE
WESTON A. PRICE FOUNDATION®

NURTURING THERAPIES FOR CHRONIC DISEASE

Friday, November 16 – Monday, November 19

Chapter Meeting and Fundraiser Reception on Thurs., Nov. 15, Hilton Baltimore Hotel

AMERICA'S PREMIER NUTRITION CONFERENCE

**Life-Changing Lectures • Cooking Classes • Wise Kids Program
 Cutting-Edge Nutrition • Traditional Nutrient-Dense Meals
 WAPF-Friendly Vendors • Networking**

For anyone interested in health and good food



CONFERENCE SPEAKERS

Sandeep Agarwal, expert on ghee
 Hilary Andrews, ND, of the Vaccine Balancing Act course
 Amy Berger, author of *The Alzheimer's Antidote*
 James Bieneman, DDS, expert on tongue ties and sleep apnea
 Bradley & Dana Bleasdale, raw milk activists
 Hilary Boynton, author of *Heal Your Gut Cookbook*
 Natasha Campbell-McBride, MD, *Gut & Psychology Syndrome (GAPS)*
 Paul & Ellen Connett, of the Fluoride Action Network
 Monica Corrado, MA, CNC, traditional food chef
 Tom Cowan, MD, author of *Human Heart, Cosmic Heart*
 Sally Fallon Morell, MA, author of *Nourishing Traditions*
 Linda Isaacs, MD, expert on individualized nutritional protocols
 Anthony Jay, PhD, stem cell and epigenetics researcher
 Season Johnson, of KICKcancERmovement.org
 Dan Kittridge, founder of Bionutrient Food Association
 Chris Knobbe, MD, expert on age-related macular degeneration
 Ted Koren, DC, author of *Cancer is Natural, So is the Cure*
 Kiran Krishnan, expert on intestinal flora
 Brandon LaGreca, CAC, MACOM, acupuncturist
 Thomas Levy, MD, JD, author of *The Toxic Tooth*
 Carlo Litano, DMD, holistic dentist
 Mel Litman, MD, orthomolecular medicine, integrative cancer treatment

Forrest Mearady, author of *Crooked: Man-Made Disease Explained*
 Chris Masterjohn, PhD, chrismasterjohnphd.com nutrition blog
 Leigh Merinoff, of Meadows Bee Farm
 Tom Naughton, director of *Fat Head*
 Ronda Nelson, PhD, expert on thyroid health
 Sally Norton, expert on oxalates and pain relief
 Elizabeth Plourde, PhD, author of *EMF Freedom & Sunscreens-Biohazard*
 Matt Rales, grass-based livestock farmer
 Bruce Rind, MD, expert on metabolic therapy & brain trauma treatment
 Julia Ross, MA, author of *The Craving Cure*
 Marianne Rothschild, MD, holistic and integrative medicine
 Pam Schoenfeld, RD, co-director Healthy Nation Coalition
 Kim Schuette, CN, nutritional & biotherapeutic drainage therapies
 Stephanie Seneff, PhD, expert on glyphosate
 James Strick, PhD, author of *Sparks of Light*
 Kim Thompson, RYT, movement instructor
 Louisa Williams, MS, DC, ND, author of *Radical Medicine*
 Lindsea Willon, expert on insulin resistance
 Will Winter, DVM, expert on pastured livestock
 Nasha Winters, ND, LAC, co-author *The Metabolic Approach to Cancer*

LOCATION AND ACCOMMODATION

The conference hotel is the Hilton Baltimore at 401 West Pratt St., Baltimore, MD. A special conference room rate of \$199 per night plus taxes for single or double occupancy is available until October 11, 2018 or until all rooms are sold. You may make reservations by phoning Hilton Reservations at (800) 445-8667 and mention the Wise Traditions Conference.

You may also book online at book.passkey.com/go/WiseT2018

One-day, weekend, no-meal options! Free exhibit hall and film.

Children's Program • Monday Guided Farm Visit • Continuing Education Units • Early Bird Discounts • Scholarships
 For more information, call (540) 722-7104 or visit wisetraditions.org

PRE-CONFERENCE AND POST-CONFERENCE ACTIVITIES

**THURSDAY, NOVEMBER 15
 6:00 – 9:00 pm**

**RAW MILK CAMPAIGN
 FUNDRAISER RECEPTION**

MONDAY, NOVEMBER 19

Will Winter, DVM: Guided Farm Visit to PA Bowen Farmstead
Ronda Nelson, PhD: Understanding How Your Thyroid Works
Chris Masterjohn, PhD: A Master Seminar on Nutrition

WISE TRADITIONS 2018 REGISTRATION FORM

First Name _____ Last Name _____ Name for Badge _____

Organization/Affiliation _____

Address _____

City _____ State _____ Zip Code _____ Country _____

Phone _____ Fax _____ Check here if you are interested in donating food.

E-mail _____ Website _____ This is my first Wise Traditions conference.

Check here to reserve gluten- & casein-free conference meals. OR Gluten-free only. OR Casein-free only. Register for GF and/or CF children's meals below.

MEMBERSHIP: become a member of the Foundation and receive a conference registration discount.

\$40 US Annual Membership \$25 US Reduced (financial hardship) \$50 Canadian/International

FULL REGISTRATION* includes conference materials, Friday sessions, lunch and dinner, Saturday sessions, lunch and Awards Banquet, Sunday sessions and brunch (except for no-meal option). Does **not** include Monday.

	By Sept 20	After Sept 20
<input type="checkbox"/> Full Registration Member	\$475	\$525
<input type="checkbox"/> Full Registration Non-Member	\$515	\$565
<input type="checkbox"/> Full Registration Student/Senior Member	\$400	\$450
<input type="checkbox"/> Full Registration Student/Senior (62+) Non-Member	\$440	\$490
<input type="checkbox"/> Full Registration Adult with Child in Kid's Program	\$400	\$450
<input type="checkbox"/> Full Registration No-Meal Option (<i>meals not included</i>)	\$350	\$400

***ADDITIONAL FEE: FRIDAY COOKING CLASS WITH SALLY FALLON MORELL**

Cooking Class - must be registered for full or Friday \$30 \$30

WEEKEND REGISTRATION includes sessions with lunch and banquet on Saturday and lunch on Sunday.

Weekend Registration \$330 \$360

DAILY REGISTRATION includes conference materials, sessions and lunch (no dinner).

<input type="checkbox"/> Daily Registration <input type="checkbox"/> Friday* <input type="checkbox"/> Saturday <input type="checkbox"/> Sunday	\$145	\$165
<input type="checkbox"/> Saturday Traditional Diets Seminar, Sally Fallon Morell	\$75 (limited to 200)	\$95
<input type="checkbox"/> Monday Guided Farm Visit 7-6 (includes lunch)	\$115	\$115
<input type="checkbox"/> Monday: <input type="checkbox"/> Julia Ross or <input type="checkbox"/> Chris Masterjohn	\$115	\$115

EVENING EVENTS

<input type="checkbox"/> Thursday Fundraiser Reception	\$75	\$75
<input type="checkbox"/> Friday Dinner and Events	\$60	\$60
<input type="checkbox"/> Saturday Evening Awards Banquet	\$85	\$85

Please select the sessions you plan to attend. This helps us plan but you can change your mind.

Friday Seminar Choice – GAPS Thyroid Health Self Healing Farming Cooking Class (additional fee)
 Saturday Choice – Cancer Nourishing Traditional Diets Cooking/Practical Wellness Farming
 Sunday Seminar Choice – Gastrointestinal Aging Gracefully Toxic World Dental Cancer

CHILDREN'S PROGRAM (Child must be age 3-12 and potty trained.)

_____ Child's Name(s) _____ Age(s) _____
 _____ @ \$250 per child for Friday - Sunday includes Friday lunch & dinner, Saturday lunch, Sunday brunch
 GF/CF meals OR GF only OR CF only for _____ children OR _____ @ \$150 per child, includes no meals.

CEUs FOR RNS & LACs. A \$5 certificate of attendance is available. It suffices for RDs & nutritionists.

RN LAC – All 3 days \$65 Friday \$25 Saturday \$25 Sunday \$25// RD or nutr. Cert of Attend. \$5.

PAYMENT PROCESSING

Total Due: _____ MasterCard Visa Check Payment/Money Order (make payable to WAPF)

Full Name _____

Card Number _____

Exp. Date _____ Security Code (3 digits on back of card) _____

By submitting this form, I authorize Wise Traditions to charge the applicable registration fees. I understand that all cancellations must be submitted in writing and must be received by October 20, 2018 to be eligible for a refund, less a \$25.00 administrative fee. All refunds will be issued following the conference. Substitutions will be permitted at any time. Registration packets will not be mailed and must be picked up on-site at the conference registration desk at the Baltimore Hilton Hotel.

CHAPTER LEADERS

I am a chapter leader.
 I plan to attend the Chapter Leader Meeting Thursday, Nov 15, 10 am - 4 pm

How did you hear about the conference?

WAPF journal WAPF email
 Friend/colleague WAPF postcard
 Blog Twitter or FB
 Web advertisement WAPF website
 Print advertisement Radio
 Another conference Chapter
 Other, please specify _____

What is your current occupation?

Medical practitioner Farmer
 Nutritionist Homemaker
 Massage therapist Student
 Chiropractor Retired
 Nurse Teacher
 Agriculture professional Journalist
 Artisan worker Chef
 Other, please specify _____

THREE WAYS TO REGISTER:

- PHONE** (540) 722-7104
- FAX** (540) 301-3536
- MAIL**
 WAPF Wise Traditions Conference
 1900 Jones Road
 Winchester, VA 22602

PLEASE NOTE:

One adult registration per form, please. Forms submitted without payment will not be processed.

FOR FURTHER INFORMATION

wisetraditions.org
 registrar@ptfassociates.com

NO REFUNDS will be issued after December 31, 2018.

Wise Traditions 2018

Baltimore Schedule

THURSDAY, NOVEMBER 15

10:00-4:00 Chapter Leaders Meeting

6:00 pm-9:00 pm Raw Milk Fundraiser Reception (*not included with conference registration*)

FRIDAY, NOVEMBER 16

6:45-7:30 Kim Thompson: Gentle Movement

7:45-8:30 Kim Thompson: How to Sit Comfortably

Track I: Gut & Psychology Syndrome – Natasha Campbell-McBride, MD

9:00-3:00 Gut & Psychology Syndrome

3:45-5:00 Vegetarianism Explained

Track II: The Craving Cure - All-Day Seminar

9:00-5:00 Julia Ross: The Craving Cure

Track III: Self Healing – All-Day Seminar

9:00-5:00 Ted Koren: The Three Secrets of Healing Oneself and Others

Track IV: Cooking Class – All-Day Seminar (additional fee; limited seating)

9:00-5:00 Sally Fallon Morell: Comfort Foods Cooking Class

Track IV: Farming – All-Day Seminar

9:00-5:00 Dan Kittridge: Nutrient-Dense Farming

Friday Evening Activities

7:30-9:30 Ask the Practitioner Panel with Sally Fallon Morell, Kim Schuette, CN, Tom Cowan, MD, Ronda Nelson, PhD and Pam Schoenfeld, RD

7:30-9:30 Hilary Boynton: The Lunch Lady: Disrupting the Trend of Chronic Illness in the Next Generation

7:30-9:30 James Strick, PhD: The History of the Mechanism-Vital-

ism Controversy and the Biological Work of Wilhelm Reich

7:30-9:30 Film *Generation Zapped* followed by Q&A

SATURDAY, NOVEMBER 17

6:00-6:45 Kim Thompson: Gentle Movement

7:00-7:45 Kim Thompson: Release Low Back Tension

7:30-8:15 Sponsor Presentation

Track I: Plenary Session: Cancer

9:00-10:15 Nasha Winters: Metabolic Diet for Cancer

11:00-12:15 Ted Koren, DC: Cancer is Natural, So is the Cure

1:45-3:00 Anthony Jay, PhD: Starve Cancer and Heal Your Epigenetics

4:00-5:15 Linda Isaacs, MD: Cancer, Enzymes, and Diet

Track II: Nourishing Traditional Diets – Sally Fallon Morell, MA

9:00-12:15 Introduction to Weston A. Price and Characteristics of Healthy Diets

1:45-3:00 Know Your Fats

4:00-5:15 How to Change Your Diet for the Better

Track III: Cooking/Practical

9:00-10:15 Sandeep Agarwal: Cooking with Spices

11:00-12:15 Lindsea Willon: Making the Transition

1:45-3:00 Monica Corrado: Healing Chronic Disease: The Critical Role of Meat Stock & Bone Broth

4:00-5:15 Monica Corrado: Rebuilding Your Microbiome: Lacto-Fermentation for Everyone

Wise Traditions 2018

Baltimore Schedule

SATURDAY, NOVEMBER 18 (continued)

Track IV: Wellness

9:00-12:15 Stephanie Seneff, PhD: Glyphosate: How a Simple Molecule Can Cause So Much Destruction
1:45-5:15 Tom Cowan, MD: Vaccines, Autoimmunity and the Changing Nature of Childhood Disease

Track V: Farming

9:00-10:15 Forrest Pritchard:
11:00-12:15 Matt Rales: TBD
1:45-3:00 Julie Ristau: Poultry-Centered Regenerative Agriculture
4:00-5:15 Bradley & Dana Bleasdale: Life, Liberty and the Pursuit of Raw Milk

6:30-10:00 pm Awards Banquet with Keynote - Tom Naughton: Fat Head

SUNDAY, NOVEMBER 18

6:00-6:45 Kim Thompson: Gentle Movement 7:00-7:45 Relieve Neck and Shoulder Tension
7:30-8:15 Sponsor Presentation

Track I: Gastrointestinal

9:00-10:15 Brandon LaGreca: Small Bowel Obstruction
11:00-12:15 Kiran Krishnan: Microbiome
1:30-2:45 Sally Norton: Oxalates
3:30-4:45 Marianne Rothschild: The Rhythm of Digestion

Track II: Aging Gracefully

9:00-10:15 Amy Berger: Nourish Your Neurons: A Nutritional Strategy to Fight Alzheimer's Disease
11:00-12:15 Elizabeth Plourde: Hormone Health & Hysterectomy Options
1:30-2:45 Hilary Andrews, ND: Protection Against the Flu
3:30-4:45 Chris Knobbe, MD: Macular Degeneration

Track III: Surviving in a Toxic World

9:00-10:15 Paul & Ellen Connett: Fluoride Can Damage the Brain & Can Lower the Intelligence of Children
11:00-12:15 Anthony Jay, PhD: Insidious Artificial Estrogens: Our Top 10 Hidden Exposures
1:30-2:45 Forrest Maready: Aluminum/Mercury
3:30-4:45 Elizabeth Plourde: Surviving in a Toxic World: Sunscreen & EMR (Electromagnetic Radiation)—Unrecognized Hazards

Track IV: Dental

9:00-10:15 Thomas Levy: The Toxic Tooth (Root Canals)
11:00-12:15 James Bieneman, DDS: TBD
1:30-2:45 Louisa Williams, ND, DC: Safe Removal of Amalgams
3:30-4:45 Carlo Litano, DMD: Keeping the Wisdom Teeth

Track V: Cancer

9:00-10:15 Season Johnson: How to Thrive Through Cancer
11:00-12:15 Bruce Rind, MD: Thermography
1:30-2:45 Mel Litman: Integrative Cancer Treatment: What is the Evidence
3:30-4:45 TBD

Closing Ceremony (4:55-5:45): Leigh Merinoff: Inspiring the Next Generation—On-Farm Education in the Mountains of Vermont

MONDAY, NOVEMBER 19 (not included in full registration)

7:00-6:00 Will Winter, DVM: Guided Farm Visit to PA Bowen Farmstead
9:00-4:00 Ronda Nelson: A Holistic Approach to Optimal Thyroid Health
9:00-4:00 Chris Masterjohn, PhD: Measuring and Managing Nutritional Status