



# Wise Traditions 2018

NINETEENTH ANNUAL INTERNATIONAL CONFERENCE OF THE  
**WESTON A. PRICE FOUNDATION®**

## NURTURING THERAPIES FOR CHRONIC DISEASE

**Friday, November 16 – Monday, November 19**

Chapter Meeting and Fundraiser Reception on Thurs., Nov. 15, Hilton Baltimore Hotel

**AMERICA'S PREMIER NUTRITION CONFERENCE**  
**Life-Changing Lectures • Cooking Classes • Wise Kids Program**  
**Cutting-Edge Nutrition • Traditional Nutrient-Dense Meals**  
**WAPF-Friendly Vendors • Networking**

*For anyone interested in health and good food.*



## CONFERENCE SPEAKERS

Sandeep Agarwal, expert on ghee  
Hilary Andrews, ND, of the Vaccine Balancing Act course  
Amy Berger, author of *The Alzheimer's Antidote*  
Hilary Boynton, author of *Heal Your Gut Cookbook*  
Natasha Campbell-McBride, MD, Gut & Psychology Syndrome (GAPS)  
Paul & Ellen Connett, of the Fluoride Action Network  
Monica Corrado, MA, CNC, traditional food chef  
Tom Cowan, MD, author of *Human Heart, Cosmic Heart*  
Sabine El Gemayel, producer of *Generation Zapped*  
Sally Fallon Morell, MA, author of *Nourishing Traditions*  
Linda Isaacs, MD, expert on individualized nutritional protocols  
Anthony Jay, PhD, stem cell and epigenetics researcher  
Season Johnson, of KICKcancERmovement.org  
Dan Kittridge, founder of Bionutrient Food Association  
Chris Knobbe, MD, expert on age-related macular degeneration  
Ted Koren, DC, author of *Cancer is Natural, So is the Cure*  
Kiran Krishnan, expert on intestinal flora  
Brandon LaGreca, CAC, MAcOM, acupuncturist  
Thomas Levy, MD, JD, author of *The Toxic Tooth*  
Carlo Litano, DMD, holistic dentist  
Mel Litman, MD, orthomolecular medicine, integrative cancer treatment  
Forrest Mearady, author of *Crooked: Man-Made Disease Explained*

Chris Masterjohn, PhD, [chrismasterjohnphd.com](http://chrismasterjohnphd.com) nutrition blog  
Leigh Merinoff, of Meadows Bee Farm  
Tom Naughton, director of *Fat Head*  
Ronda Nelson, PhD, expert on thyroid health  
Sally Norton, expert on oxalates and pain relief  
Elizabeth Plourde, PhD, author of *EMF Freedom & Sunscreens-Biohazard*  
Forrest Pritchard, author of *Growing Tomorrow*  
Matt Rales, grass-based livestock farmer  
Bruce Rind, MD, expert on metabolic therapy & brain trauma treatment  
Julia Ross, MA, author of *The Craving Cure*  
Marianne Rothschild, MD, holistic and integrative medicine  
Pam Schoenfeld, RD, co-director Healthy Nation Coalition  
Kim Schuette, CN, nutritional & biotherapeutic drainage therapies  
Stephanie Seneff, PhD, expert on glyphosate  
James Strick, PhD, author of *Sparks of Light*  
Kim Thompson, RYT, movement instructor  
Louisa Williams, MS, DC, ND, author of *Radical Medicine*  
Lindsea Willon, expert on insulin resistance  
Will Winter, DVM, expert on pastured livestock  
Nasha Winters, ND, LAc, co-author *The Metabolic Approach to Cancer*

## LOCATION AND ACCOMMODATION

The conference hotel is the Hilton Baltimore at 401 West Pratt St., Baltimore, Md. A special conference room rate of \$199 per night plus taxes for single or double occupancy is available until October 11, 2018 or until all rooms are sold. You may make reservations by phoning Hilton Reservations at (800) 445-8667 and mention the Wise Traditions Conference.

You may also book on line at [book.passkey.com/go/WiseT2018](http://book.passkey.com/go/WiseT2018)

## SAVE UP TO \$50 IN CONFERENCE FEES IF YOU REGISTER BY SEPTEMBER 20th!

Children's Program • Monday Guided Farm Visit • Continuing Education Units • Early Bird Discounts • Scholarships  
For more information, call (540) 722-7104 or visit [wisetraditions.org](http://wisetraditions.org)

## PRE-CONFERENCE AND POST-CONFERENCE ACTIVITIES

**THURSDAY, NOVEMBER 15**  
**6:00 – 9:00 pm**

**RAW MILK CAMPAIGN**  
**FUNDRAISER RECEPTION**

**MONDAY, NOVEMBER 19**

**Will Winter, DVM:** Guided Farm Visit to PA Bowen Farmstead  
**Julia Ross, MA:** *The Craving Cure*  
**Chris Masterjohn, PhD:** A Master Seminar on Nutrition

# WISE TRADITIONS 2018 REGISTRATION FORM

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Name for Badge \_\_\_\_\_

Organization/Affiliation \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_  Check here if you are interested in donating food.

E-mail \_\_\_\_\_ Website \_\_\_\_\_  This is my first Wise Traditions conference.

Check here to reserve gluten- & casein-free conference meals. OR  Gluten-free only. OR  Casein-free only. Register for GF and/or CF children's meals below.

**MEMBERSHIP: become a member of the Foundation and receive a conference registration discount.**

- \$40 US Annual Membership  \$25 US Reduced (financial hardship)  \$50 Canadian/International

**FULL REGISTRATION\*** includes conference materials, Friday sessions, lunch and dinner, Saturday sessions, lunch and Awards Banquet, Sunday sessions and brunch (except for no-meal option). Does **not** include Monday.

	By Sept 20	After Sept 20
<input type="checkbox"/> Full Registration Member	\$475	\$525
<input type="checkbox"/> Full Registration Non-Member	\$515	\$565
<input type="checkbox"/> Full Registration Student/Senior Member	\$400	\$450
<input type="checkbox"/> Full Registration Student/Senior (62+) Non-Member	\$440	\$490
<input type="checkbox"/> Full Registration Adult with Child in Kid's Program	\$400	\$450
<input type="checkbox"/> Full Registration No-Meal Option ( <i>meals not included</i> )	\$350	\$400

**\*ADDITIONAL FEE: SATURDAY COOKING CLASS WITH SALLY FALLON MORELL**

- Cooking Class - must be registered for full or Friday \$30 \$30

**WEEKEND REGISTRATION** includes sessions with lunch and banquet on Saturday and lunch on Sunday.

- Weekend Registration \$330 \$360

**DAILY REGISTRATION** includes conference materials, sessions and lunch (no dinner).

- Daily Registration  Friday\*  Saturday  Sunday \$145 \$165
- Saturday Traditional Diets Seminar, Sally Fallon Morell \$75 (limited to 200) \$95
- Monday Guided Farm Visit 7-6 (includes lunch) \$115 \$115
- Monday:  Julia Ross or  Chris Masterjohn \$115 \$115

**EVENING EVENTS**

- Thursday Fundraiser Reception \$75 \$75
- Friday Dinner and Events \$60 \$60
- Saturday Evening Awards Banquet \$85 \$85

**Please select the sessions you plan to attend.** This helps us plan but you can change your mind.

- Friday seminar choice –  GAPS  Thyroid Health  Self Healing  Farming  Cooking Class (additional fee)
- Saturday Choice –  Cancer  Nourishing Traditional Diets  Cooking/Practical  Wellness  Farming
- Sunday Seminar Choice –  Gastrointestinal  Aging Gracefully  Toxic World  Dental  Cancer

**CHILDREN'S PROGRAM** (Child must be age 3-12 and potty trained.)

- Child's Name(s) \_\_\_\_\_ Age(s) \_\_\_\_\_
- @ \$250 per child for Friday - Sunday includes Friday lunch & dinner, Saturday lunch, Sunday brunch
- GF/CF meals OR  GF only OR  CF only for \_\_\_ children OR \_\_\_ @ \$150 per child, includes no meals.

**CEUs FOR RNS & LACs.** A \$5 certificate of attendance is available. It suffices for RDs & nutritionists.

- RN  LAC –  All 3 days \$65  Friday \$25  Saturday \$25  Sunday \$25//  RD or nutr.  Cert of Attend. \$5.

**PAYMENT PROCESSING**

- Total Due: \_\_\_\_\_  MasterCard  Visa  Check Payment/Money Order (make payable to WAPF)
- Full Name \_\_\_\_\_
- Card Number \_\_\_\_\_
- Exp. Date \_\_\_\_\_ Security Code (3 digits on back of card) \_\_\_\_\_

**CHAPTER LEADERS**

- I am a chapter leader.
- I plan to attend the Chapter Leader Meeting Thursday, Nov 15, 10 am - 4 pm

**How did you hear about the conference?**

- WAPF journal  WAPF email
- Friend/colleague  WAPF postcard
- Blog  Twitter or FB
- Web advertisement  WAPF website
- Print advertisement  Radio
- Another conference  Chapter
- Other, please specify \_\_\_\_\_

**What is your current occupation?**

- Medical practitioner  Farmer
- Nutritionist  Homemaker
- Massage therapist  Student
- Chiropractor  Retired
- Nurse  Teacher
- Agriculture professional  Journalist
- Artisan worker  Chef
- Other, please specify \_\_\_\_\_

**THREE WAYS TO REGISTER:**

- PHONE** (540) 722-7104
- FAX** (540) 301-3536
- MAIL**  
WAPF Wise Traditions Conference  
1900 Jones Rd  
Winchester, VA 22602

**PLEASE NOTE:**

One adult registration per form, please. Forms submitted without payment will not be processed.

**FOR FURTHER INFORMATION**

wisetraditions.org  
registrar@ptfassociates.com

**NO REFUNDS will be issued after December 31, 2018.**

By submitting this form, I authorize Wise Traditions to charge the applicable registration fees. I understand that all cancellations must be submitted in writing and must be received by October 20, 2018 to be eligible for a refund, less a \$25.00 administrative fee. All refunds will be issued following the conference. Substitutions will be permitted at any time. Registration packets will not be mailed and must be picked up on-site at the conference registration desk at the Baltimore Hilton Hotel.

# Wise Traditions 2018

## Baltimore Schedule

### THURSDAY, NOVEMBER 15

10:00-4:00 Chapter Leaders Meeting

6:00 pm-9:00 pm Raw Milk Fundraiser Reception (*not included with conference registration*)

### FRIDAY, NOVEMBER 16

6:45-7:30 Kim Thompson: Gentle Movement

7:45-8:30 Kim Thompson: How to Sit Comfortably

**Track I: Gut & Psychology Syndrome** – Natasha Campbell-McBride, MD

9:00-3:00 Gut & Psychology Syndrome

3:45-5:00 Vegetarianism Explained

**Track II: Nourishing Your Thyroid: The 7 Key Principles for Optimizing Thyroid Health** – Ronda Nelson, PhD

9:00-10:15 Part I: Understanding How Your Thyroid Works

11:00-12:15 Part II: Understanding How Your Thyroid Works

1:45-3:00 Part III: Bridging the Nutritional Gap

3:45-5:00 Part IV: Proper Testing, Support and General Recommendations

**Track III: Self Healing** – Ted Koren

9:00-5:00 All-Day Seminar: Self Healing With Koren Specific Technique

**Track IV: Cooking Class** – Sally Fallon Morell (additional fee; limited seating)

9:00-5:00 All-Day Seminar: Comfort Foods Cooking Class

**Track IV: Farming** – Dan Kittridge

9:00-5:00 All-Day Seminar: Nutrient-Dense Farming

### Friday Evening Activities

7:30-9:30 Ask the Practitioner Panel with Sally Fallon Morell, Kim Schuette, CN, Tom Cowan, MD, Ronda Nelson, PhD and Pam Schoenfeld, RD

7:30-9:30 Hilary Boynton: A Wise Traditions School Lunch Program

7:30-9:30 James Strick, PhD

7:30-9:30 Film *Generation Zapped* followed by Q&A Session with producer Sabine El Gemayel

### SATURDAY, NOVEMBER 17

6:00-6:45 Kim Thompson: Gentle Movement 7:00-7:45 Kim Thompson: Release Low Back Tension

**Track I: Plenary Session: Cancer**

9:00-10:15 Nasha Winters: Metabolic Diet for Cancer

11:00-12:15 Anthony Jay, PhD: Starve Cancer and Heal Your Epigenetics

1:45-3:00 Linda Isaacs, MD: Cancer, Enzymes, and Diet

4:00-5:15 Ted Koren, DC: Cancer is Natural, So is the Cure

**Track II: Nourishing Traditional Diets** – Sally Fallon Morell, MA

9:00-12:15 Introduction to Weston A. Price and Characteristics of Healthy Diets

1:45-3:00 Know Your Fats

4:00-5:15 How to Change Your Diet for the Better

**Track III: Cooking/Practical**

9:00-10:15 Sandeep Agarwal: Cooking with Spices

11:00-12:15 Linsea Willon: Making the Transition

1:45-3:00 Monica Corrado: Broth is Beautiful

4:00-5:15 Monica Corrado: Ferments Made Easy

# Wise Traditions 2018

## Baltimore Schedule

### SATURDAY, NOVEMBER 18 (continued)

#### Track IV: Wellness

9:00-12:15 Stephanie Seneff, PhD: Glyphosate: How a Simple Molecule Can Cause So Much Destruction  
1:45-5:15 Tom Cowan, MD

#### Track V: Farming

9:00-10:15 Forrest Pritchard  
11:00-12:15 Matt Rales  
1:45-3:00 TBD  
4:00-5:15 TBD

**6:30-10:00 pm Awards Banquet** with Keynote - Tom Naughton: Fat Head

### SUNDAY, NOVEMBER 18

6:00-6:45 Kim Thompson: Gentle Movement 7:00-7:45 Relieve Neck and Shoulder Tension

#### Track I: Gastrointestinal

9:00-10:15 Brandon LaGreca: Small Bowel Obstruction  
11:00-12:15 Kiran Krishnan: Microbiome  
1:30-2:45 Sally Norton: Oxalates  
3:30-4:45 Marianne Rothschild: The Rhythm of Digestion

#### Track II: Aging Gracefully

9:00-10:15 Amy Berger: Nourish Your Neurons: Protection Against Alzheimer's with Good Nutrition  
11:00-12:15 Elizabeth Plourde: Hormone Health & Hysterectomy Options  
1:30-2:45 Hilary Andrews, ND: Protection Against the Flu  
3:30-4:45 Chris Knobbe, MD: Macular Degeneration

#### Track III: Surviving in a Toxic World

9:00-10:15 Paul & Ellen Connett: Fluoride  
11:00-12:15 Anthony Jay, PhD: Insidious Artificial Estrogens: Our Top 10 Hidden Exposures  
1:30-2:45 Forrest Maready: Aluminum/Mercury  
3:30-4:45 Elizabeth Plourde: Surviving in a Toxic World: Sunscreen & EMR (Electromagnetic Radiation)—Unrecognized Hazards

#### Track IV: Dental

9:00-10:15 Thomas Levy: The Toxic Tooth (Root Canals)  
11:00-12:15 Chris Masterjohn, PhD: Nutrition for Good Dental Health  
1:30-2:45 Louisa Williams, ND, DC: Safe Removal of Amalgams  
3:30-4:45 Carlo Litano, DMD: Keeping the Wisdom Teeth

#### Track V: Cancer

9:00-10:15 Season Johnson: Support for Childhood Cancer  
11:00-12:15 Bruce Rind, MD: Thermography  
1:30-2:45 Mel Litman:  
3:30-4:45 TBD

**Closing Ceremony** (4:55-5:45): Leigh Merinoff: Inspiring the Next Generation—On-Farm Education in the Mountains of Vermont

### MONDAY, NOVEMBER 19 (not included in full registration)

7:00-6:00 Will Winter, DVM: Guided Farm Visit to PA Bowen Farmstead  
9:00-4:00 Julia Ross, MA: The Craving Cure  
9:00-4:00 Chris Masterjohn, PhD: A Master Seminar on Nutrition