



# Wise Traditions Regional Conference

OF THE WESTON A. PRICE FOUNDATION®

## BOSTON

Saturday and Sunday, September 20 and 21, 2014

Southbridge Hotel and Convention Center

### SATURDAY 8:00-5:00

#### TRACK I - GETTING STARTED WITH TRADITIONAL FOODS

**Nourishing Traditional Diets** – Sally Fallon Morell, MA

**Fermenting Made Easy** – Alex Lewin

**Making Delicious Soup** – Kristin Canty & Charlie Foster, Executive Chef

#### TRACK II - NUTRITION & HEALTH

**Step-by-Step Healing with the GAPS Diet** – Hilary Boynton

**Science of Broth** – Kaayla Daniel, PhD

**Core Blood Tests that Steer Your Diet and Fitness Habits** – Richard Maurer, ND

**Native Foodways** – Arthur Haines

**East-West Diagnosis to Correct Organ Imbalances with Traditional Foods** – John Kozinski



#### DINNER & FARMAGEDDON (open to the public)

6 pm - WAPF-style dinner at the hotel restaurant (\$25-not included in registration, includes tax and tip).

7:15 pm Kristin Canty - presentation and film. Fundraiser for the Farm-to-Consumer Legal Defense Fund (free & open to the public).

### SUNDAY 8:00-3:45

#### TRACK I - NUTRITION FOR CHRONIC DISEASE

**Using Small Doses of Minerals to Build Strength & Health** – Tanya Renner, CCH, RSHom(NA)

**The Compromised Generation** – Beth Lambert

**Treating Acid Reflux, Digestive Disorders & Chronic Pain with Traditional Foods** – Kathy Pirtle

#### TRACK II - HEALTHY BABY

**Empowering Fertility with a Nutrient-Dense Diet** – Kaayla Daniel, PhD

**Have a Healthy Pregnancy** – Sally Fallon Morell, MA

**Practical Tips on Feeding Your Family** – Gena Mavuli, MA

#### CLOSING SESSION

**My Own Health Secrets** – Sally Fallon Morell, MA



Each day visit the exhibit hall which is open to the public & enjoy a nutrient dense lunch (included in your registration fee).

Explore the timeless nutrition principles of Dr. Weston A. Price.



An integrated learning experience featuring life-changing lectures, socializing, nutrient-dense meals and WAPF-friendly vendors.



For anyone interested in health, nutrition and food, including beginners and experts, young and old, parents, and health professionals.

## LOCATION & ACCOMMODATION

The conference will be held at the Southbridge Hotel and Convention Center, 14 Mechanic Street, Southbridge, MA 01550. Self-parking is complimentary. There is a special conference rate of \$129 per night, plus tax and fees, for single through quad occupancy. To make a reservation, please phone (508) 765-8000. Mention the regional Wise Traditions conference to receive the special rate. The hotel requires guests to provide first night's room and tax deposit or a credit card number to guarantee rooms. In the event of a late arrival, without a guarantee, they may release the rooms after 3:00 pm. If you have any questions or issues making hotel reservations, please contact Paul Frank at (540) 722-7102.

THE DEADLINE FOR HOTEL RESERVATIONS IS AUGUST 28, 2014.

### EARLY BIRD SPECIAL

Save up to \$50 off cost of regular registration if you register by August 21, 2014.

### SPONSORING PARTNER



Green Pasture

www.greenpasture.org  
402-858-4818

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**Saturday and Sunday, September 20 and 21, 2014**

Southbridge Hotel and Convention Center

## ATTENDEE REGISTRATION FORM

**One registration per form, please.**

First Name

Last Name

Company

Address

City, State, Zip Code, Country

Phone

Fax

Cell

E-mail

website

Check here to reserve gluten-free conference meals.

Check here to reserve casein-free conference meals.

### MEMBERSHIP

Members of the Foundation receive our quarterly journal full of informative articles, as well as sources of healthy food. Members receive a discount on conference registrations.

\$40 US Regular Annual Membership

\$25 US Student/Senior

\$50 Canada/International

### REGISTRATION

Full Registration includes conference sessions and lunch on Saturday and Sunday.

**By August 21, 2014**

**August 22, 2014 or later**

Full Registration Member

\$195

\$245

Full Registration Non-Member

\$235

\$285

Full Registration Student/Senior Member\*

\$160

\$210

Full Registration Student/Senior Non-member\*

\$185

\$235

Daily Registration Member\*\*

\$100

\$125

Daily Registration Non-Member\*\*

\$140

\$165

Daily Registration Student/Senior Member\*\*

\$ 90

\$115

Daily Registration Student/Senior Non-member\*\*

\$115

\$140

\*Senior is defined as person 62 or older at the start of the conference. Student ID's will be checked at the door.

\*\*Daily Registrations, please specify day attending \_\_\_\_\_

**Saturday Track Choice** – To help us facilitate room layouts, please indicate which track you plan to attend on Saturday. Please note your selection is not binding.

Getting Started with Traditional Foods

Nutrition & Health

**Sunday Track Choice** – To help us facilitate room layouts, please indicate which track you plan to attend on Sunday. Please note your selection is not binding.

Nutrition & Chronic Disease

Healthy Baby

### HOW DID YOU HEAR ABOUT THIS CONFERENCE?

WAPF Journal

Friend/Colleague \_\_\_\_\_

Email

Member

Flyer

Another Conference

Blog

Other, specify \_\_\_\_\_

WAPF Chapter Leader

### WHAT IS YOUR CURRENT OCCUPATION?

Medical Practitioner

Farmer

Nutritionist

Homemaker

Chiropractor

Retired

Nurse

Student

Press

Other, specify \_\_\_\_\_

### PAYMENT PROCESSING

\$ \_\_\_\_\_ Total Due

MasterCard

Visa

Check/Money Order (payable to WAPF)

Cardholder:

Card number:

Expiration Date:

Security Code: (last 3 digits on back of card):

Signature:

Date:

By submitting the form, I authorize WAPF to charge the appropriate fees. I understand all cancellations must be submitted in writing and must be received by August 20, 2014 to be eligible for a refund, less \$25 administrative/cancellation fee. Cancellations may be submitted by email to [registrar@ptfassociates.com](mailto:registrar@ptfassociates.com), faxed to (540) 301-3536 or mailed to WAPF, 1900 Jones Rd, Winchester, VA 22602. After September 1, 2014, no requests for refunds will be accepted. All refunds will be processed immediately following the conference.

**Mail to : WAPF Regional**  
1900 Jones Road  
Winchester, VA 22602

**Conference questions: (540) 722-7104**  
**Exhibit/Sponsorship questions: (540) 722-7104**  
**WAPF membership questions (202) 363-4394**

**Fax to: (540) 301-3536**  
**Conference email: [registrar@ptfassociates.com](mailto:registrar@ptfassociates.com)**  
**WAPF email: [info@westonaprice.org](mailto:info@westonaprice.org)**